



February 17, 2022

Dear Residents, Families and Employees of Casa de Modesto;

We are providing you with updated guidance for limiting the transmission of COVID-19 at Casa de Modesto. These processes are in accordance with the guidelines set forth by the California Department of Public Health (CDPH) for Skilled Nursing Facilities (SNFs) and the California Department of Social Services (CDSS) for Adult Senior Care (ASC) communities as of February 8, 2022.

**Visitor Testing Requirements:**

- Visitors, regardless of vaccination status, seeking indoor visitation must show documentation of a negative SARS-CoV-2 test where the specimen collection occurred within two days if using PCR or one day if using antigen testing before each visit and for which the test results are available at the time of entry to the facility. For visitors who visit for multiple consecutive days proof of negative test is only required every third day (meaning testing is only required on day one, day 4 and day 7, and so on). Casa de Modesto will offer onsite point-of-care testing to visitors while supplies are available. Visitors may bring their own COVID-19 testing kit to be observed and have results read by Casa de Modesto. Over-the-counter or “rapid” COVID-19 test taken at home cannot be accepted.
- Unvaccinated or incompletely vaccinated visitors with history of COVID-19 within the prior 90 days may provide documentation of recovery from COVID-19 in lieu of testing.
- Visitors who are visiting a resident in critical condition, when death may be imminent, are exempt from the vaccination and testing requirements, however, must comply with all infection control and prevention requirements applicable for indoor visits.

**General Visitation Guidance:**

Any visitor entering the facility, **regardless of their vaccination status**, must adhere to the following:

- Must be screened for fever and COVID-19 symptoms and/or exposure within the prior 14 days to another person with COVID-19; if a visitor has COVID-19 symptoms or has been in close contact with a confirmed positive case, they must reschedule their visit, regardless of their vaccination status;
- Must wear a well-fitting face mask with good filtration (N95, KF94, KN95, or surgical masks are preferred over cloth face coverings) and perform hand hygiene upon entry and in all common areas in the facility;



- If personal protective equipment (PPE) is required for contact with the resident due to quarantine or COVID-19 positive isolation status (including fully vaccinated visitors), it must be donned and doffed according to instruction by HCP;
- Visitors should limit their movement in the facility, regardless of the visitor's vaccination status; for example, visitors should not walk around the hallways of the facility and should go directly to and from the resident's room or designated visitation area.

Visitors who have tested positive for COVID-19 will not be permitted to visit or will be asked to leave if they are still within their isolation period (within 10 days of their positive test). Under such circumstances, Casa de Modesto may offer alternatives for remote (Skype, etc.) or telephone visitation. Facility staff will be assigned to provide monitoring for those who may have difficulty adhering to core principles, such as children.

If a resident is not able to leave their room or otherwise meet with visitors outdoors, the visitation may take place indoors even for visitors who cannot provide vaccine verification or a negative test; however, these visits cannot take place in common areas, or in the resident's room if the roommate is present, and the visitor must wear a well-fitted mask with good filtration (N95, KF94, KN95, or surgical masks are preferred over cloth face coverings) and the resident must wear a well-fitting face mask at all times and physically distance.

#### **Indoor, In-Room and Large Communal Space Visitation:**

***Casa de Modesto shall allow indoor in-room visitation for:***

- All residents, regardless of vaccination status, in "green" (unexposed or recovered), "yellow" (exposed or observation status) and "red" (isolation) areas.

***Indoor in-room visitation shall meet the following conditions:***

- Casa de Modesto will verify vaccination status and document evidence of a negative test of the visitor within 48 hours if using PCR or 24 hours if using antigen testing of the indoor visit. Over-the-counter or "rapid" COVID-19 test taken at home cannot be accepted.
- Indoor visits must be conducted with both the resident and visitor wearing a well-fitting face mask. If both the resident and visitor are fully vaccinated, they do not need to physically distance and can include physical contact (e.g., hugs, holding hands) but must wear a well-fitting face mask while in the resident's room unless eating or drinking.



- Visits for residents who share a room should be conducted in a separate indoor space or with the roommate not present in the room (if possible), regardless of the roommate's vaccination status.
- Visitors should be provided personal protective equipment (gloves, gown, eye protection and N95 respirator) and instructed in a N95 respirator seal check for visitation of residents in yellow (exposed or observation status) and red (isolation) areas.

***Casa de Modesto shall also accommodate visitation in large communal indoor spaces for residents who are not in isolation or quarantine:***

During indoor large communal space visits between residents and visitors who are all fully vaccinated, both the resident and visitor must always wear a well-fitting face mask unless eating or drinking while in designated spaces for visitation. These visits may be conducted without physical distancing and include physical contact (e.g., hugs, holding hands).

**Outdoor On-Site Visitation:**

Outdoor visitation options for all residents, regardless of vaccination status, can be arranged. Outdoor visits pose a lower risk of transmission due to increased space and airflow; therefore, outdoor visitation should be offered unless the resident cannot leave the facility, or outdoor visitation is not possible due to precipitation, outdoor temperatures, or poor air quality.

Outdoor visits between residents and all visitors who are fully vaccinated, must be conducted with face masks and may include physical contact (e.g., hugs, holding hands). Visits between residents or visitors that are unvaccinated or incompletely vaccinated should be conducted with well-fitting face masks during the visit.

**Communal Dining and Group Activities:**

***Communal activities and dining may occur in the following manner:***

- Residents who are fully vaccinated and not in isolation or quarantine may eat in the same room without physical distancing; if any unvaccinated residents are dining in a communal area (e.g., dining room) all residents should use source control when not eating.
- Residents who are fully vaccinated and not in isolation or quarantine may participate in group/social activities together without face masks or physical distancing; if any unvaccinated residents are present, then all participants in the group activity should wear a well-fitting face mask for source control and unvaccinated residents should physically distance from others.



**When it is not possible to ensure all persons participating in an activity are vaccinated (e.g., in break rooms and other common areas where staff or residents may come and go), then all participants should follow all recommended infection prevention and control practices including physical distancing and wearing a well-fitting face mask for source control.**

### **Residents Who Leave and Return to the Facility:**

Residents who leave and then return to Casa de Modesto should understand there is a greater risk of exposure to COVID-19 in public settings, particularly, for those who are not fully vaccinated. Residents should avoid crowds and poorly ventilated spaces as well as wear a facemask and practice regular hand hygiene.

- Residents who have prolonged close contact (within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period) with someone with SARS-CoV-2 infection while outside the facility should quarantine in the yellow-observation area for 14 days and be tested immediately, at 5–7 days after exposure and again prior to return to their usual room in green-unexposed/recovered area, regardless of their vaccination status.
- Residents who are fully vaccinated and leave for any duration (including hospital admissions) and return to the facility do not routinely need to quarantine and be tested upon return to the facility.
- Unvaccinated and incompletely vaccinated residents who leave the facility for < 24 hours and return to the facility should be tested at 2 days after their return and again 5-7 days after their return; unvaccinated and incompletely vaccinated residents who leave the facility for > 24 hours should be quarantined in the yellow-observation area for 14 days and tested prior to return to their usual room in green-unexposed/recovered area.

### **Non-essential Personnel/Contractors:**

Non-essential personnel/contractors (e.g., barbers, manicurists/pedicurists), who comply with the same diagnostic screening testing and universal face mask requirements of the facility, may enter the facility and provide services to residents in appropriate spaces (outdoors, if feasible, or indoors in a well-ventilated area where at least 6-ft distancing can be maintained between residents); non-essential personnel/contractors who enter the facility should be encouraged to seek COVID-19 vaccination through the resources available in their community including the local health department.