

Keys to Packing

Remind Yourself Daily – “I cannot bring everything”

- Set aside everything that goes into your “Open First Boxes”: sheets, towels, pillows, checkbook, toilet paper, medications, etc.
- Allow 40-50 hours for sorting and approximately that much time if you are packing yourself. There are companies that do the packing for you that you can choose if you wish.
- Use a thick, dark marker for labeling boxes.
- Label each box on two sides, opposite one another.
- Use a completely cleared off table top or counter in each room for packing boxes. You’ll find you will get much more accomplished than leaving the boxes on the floor to pack.
- Identify on the box what the major things are in each box and what cabinet/drawer they came from.
- Stay focused and organized. Work on packing one room at a time.
- Pack an overnight care, including change of clothes, pajamas, medications, glasses, toiletries, etc., to have the first few days while you are unpacking boxes. Put this box in your car so you have it with you.

A Word About Unpacking

- Enlist as much help as you possibly can.
- Unpack a certain number of boxes each day. Decide what is feasible for you and stick to that schedule. Soon you will look up and all the boxes will be gone!



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Change of Address Notifications

File your change of address with the post office at least 30 days prior to the date of the move. Other notifications may include:

- Accountant
- Attorney
- Banks
- Dentist
- Department of Motor Vehicles
- Family Members
- Insurance providers (auto, home, life, LTC insurance)
- Magazine Subscriptions
- Newspaper Subscriptions
- Passport
- Pharmacy
- Physicians
- Retirement Plan Holders
- Social Security Administration
- Veterinarian

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