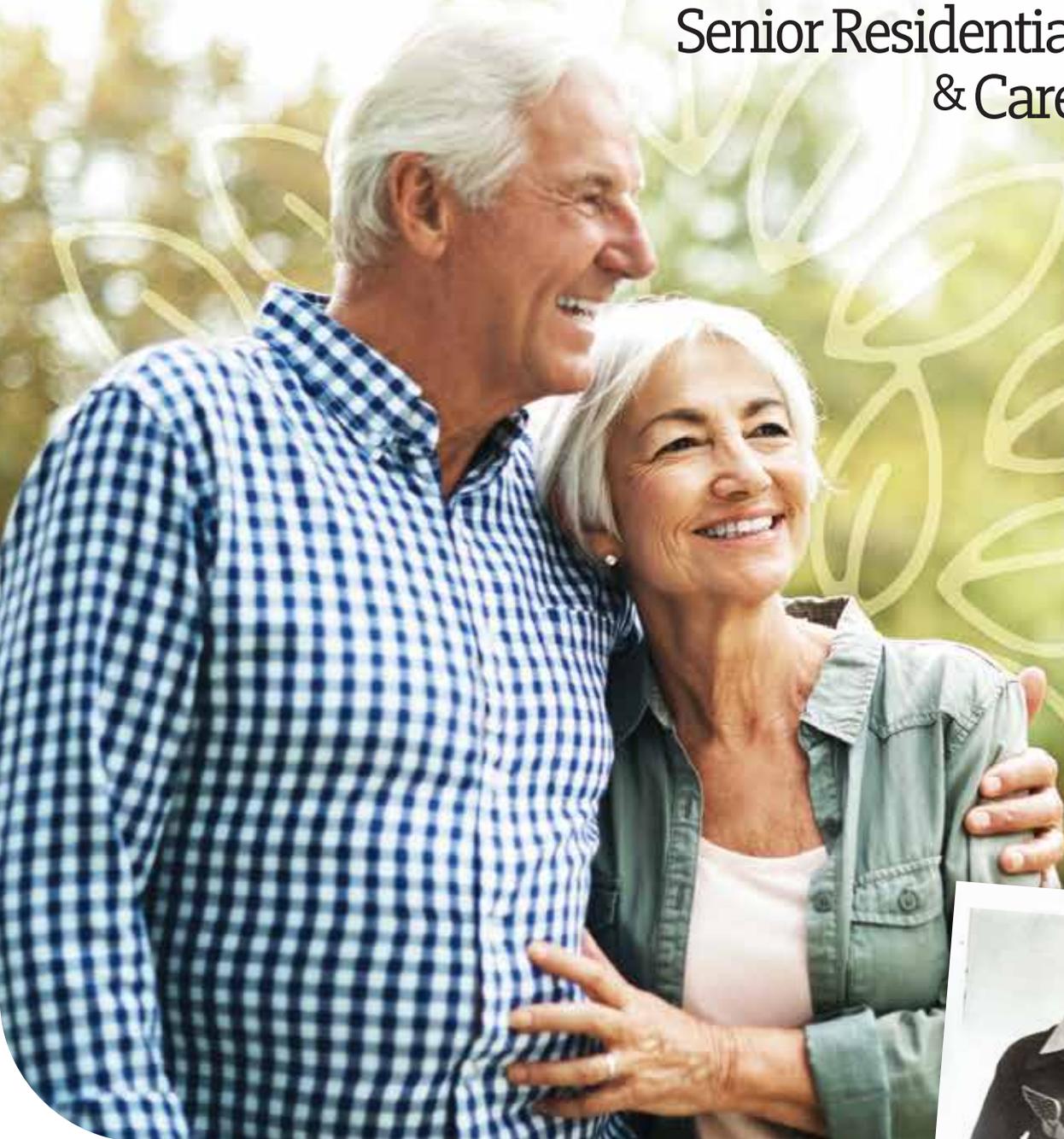




Casa
de Modesto
RETIREMENT CENTER

5

Levels of Senior Residential Living & Care



For over 55 years, Casa de Modesto Retirement Center in Modesto, CA has been so much more than walls and windows – it's a place to enjoy wonderfully-prepared meals, game night, or a quiet evening with family and friends. It's where you always feel comfortable, safe, and secure.

casademodesto.org

1 Cottages Independent Living

The Cottages Independent Living apartments provide independent living for seniors who are still active and do not require daily medical care. These one-bedroom and studio apartments with full kitchens, washer and dryers, and reserved parking are located in a quiet, secure neighborhood. Residents have the option to join friends for lunch and socialize with others through the many planned activities on and off campus.



2 Courtyard Independent Living

Circling a lovely courtyard, our Courtyard Independent Living apartments have larger floor plans that include 1 and 2-bedroom options with full kitchens, complimentary laundry room on each floor, and reserved parking. Residents enjoy the close proximity to shopping and services in the area, as well as many planned activities on and off campus.



3 Casitas Assisted Living

There may come a time when you need extra help with daily living. Our Casitas Assisted Living suites offer a blend of comfort, privacy, and convenience in the safe and secure environment of a lovely residential setting. The Casitas at Casa de Modesto are studio rooms decorated with the resident's own furniture and decorations. We strive to go above and beyond, providing assisted living services for people needing assistance with everyday activities, including meals, transportation, dressing, laundry services, medication management, and bathing.



4 Connections Memory Care

Caring and kindness are constants in every level of care at Casa de Modesto, but they take on a special meaning for everyone in our Connections Memory Care Center. Casa de Modesto creates an environment where you or your loved one can thrive. We provide personalized memory care living for those living with dementia or Alzheimer's in studio apartments with private bathrooms. Extra support and structure are provided to help your loved one navigate their days.



5 Delmar E. Myers Care Center

Healthcare at Casa de Modesto's Delmar E. Myers Care Center provides caring that comes from the heart for seniors that require either long or short-term care. A customized care plan is designed by our team after a medical evaluation.

Priority admission is given to our Independent and Assisted Living residents at Casa de Modesto; however, non-residents should ask their doctor or hospital discharge planner to refer them to Casa de Modesto for skilled nursing, rehabilitation therapy, and physical therapy. We are certified for both Medicare and Medi-Cal and offer a wide range of services.

- Weekend and evening admits with prior notice
- Semi-private and private
- Medicare and Medi-Cal accepted
- HMOs and PPO's



Inpatient Rehabilitation Therapy

Our dedicated and compassionate staff of physical therapists, occupational therapists, and speech/language pathologists form a team with one goal – to return each patient to their prior level of healthy living in the shortest amount of time. We focus on our patient’s skills in the Activities of Daily Living (ADLs).

Services include:

- Eating, dressing, bathing, toileting
- Coping and retraining for losses in ADL and physical functioning
- Neuromuscular re-education
- Arm and hand rehabilitation
- Individual exercise programs
- Dietary consultations
- Range of motion exercise
- Posture and body mechanics
- Muscle strengthening and re-education
- Cognitive and perceptual retraining
- Safety training

Amenities and Services

Amenities and Services for all levels include the following amenities:

- Meals Available
- Private Dining Areas
- Housekeeping Services Available
- Wireless Internet and TV hook-up Available
- Hair and Nail Salon
- 24-Hour Emergency Staffing and Call System
- Exercise Room and Classes
- Transportation
- Library
- Gift Shop
- On-site and Off-site Activities and Social Events
- Small Pets Allowed
- Beautifully landscaped grounds with walking paths
- Spiritual Services

Call us to learn more about living at Casa de Modesto and arrange for a tour of our campus at **209.529.4950** or visit our website **www.casademodesto.org**